

VJK KB Diksmuide 26: Session: 1: COACH evaluation sheet for TEAM: WST

Coachinfo: Warming up from: 07:30 untill 08:45. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Fobelets Jos

Coaches: Van de Weyer Rune

Coaches: Mertens Wenke

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 3: 200M MEDLEY MEN 15-16							Heat:3, starttime: 09:28	
Heat: 3/5 Lane : 7 Athlete: GYULNAZARYAN MAX							Q-time: 02:23:67	
PB (25m pool): 02:21.92 3500 Hasselt 18/10/2026				PB (50m pool): 02:26.62SB: 02:21.92 3500 Hasselt 18/10/2026				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:30.52		01:07.46		01:51.78		02:21.92
	00:30.52		00:36.94		00:44.32		00:30.14	
								

Coach feedback:

Event number: 4: 200M MEDLEY WOMEN 15-16							Heat:1, starttime: 09:37	
Heat: 1/4 Lane : 8 Athlete: LEMMENS FEBE							Q-time: 02:39:16	
PB (25m pool): 02:38.64 3500 Hasselt 18/10/2026				PB (50m pool): 02:45.25SB: 02:38.64 3500 Hasselt 18/10/2026				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:32.17		01:13.66		02:01.13		02:38.64
	00:32.17		00:41.49		00:47.47		00:37.51	
								

Coach feedback:

Event number: 7: 100M BUTTERFLY MEN 15-16							Heat:3, starttime: 10:06	
Heat: 3/4 Lane : 3 Athlete: GYULNAZARYAN MAX							Q-time: 01:01:65	
PB (25m pool): 01:01.65 Herentals 09/05/2026				PB (50m pool): 01:02.71SB: 01:02.54 Mol 04/10/2026				
	2 5 M	5 0 M	7 5 M	1 0 0 M				
PB		00:28.78		01:01.65				
	00:28.78		00:32.87					
								

Coach feedback:

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Event number: 8: 100M BUTTERFLY WOMEN 15-16					Heat:3, starttime: 10:13	
Heat: 3/5 Lane : 8 Athlete: LEMMENS FEBE					Q-time: 01:10:35	
PB (25m pool): 01:10.35 Heist-op-den-Berg 10/01/2026					PB (50m pool): 01:12.91 SB: 01:12.58 Mol 04/10/2026	
	2 5 M	5 0 M	7 5 M	1 0 0 M		
PB		00:31.81		01:10.35		
	00:31.81		00:38.54			
						

Coach feedback: